WORKSHOP WEDNESDAYS

ACADEMIC SKILLS WORKSHOPS | SPRING 2018

Wednesdays 5:00-6:00 p.m. in the Bear Down Gym

JANUARY
- College Success Strategies - Jan 17
- Test Prep and Test Taking Strategies - Jan 24
- Time Management: How to Avoid Procrastination and Manage Time Wisely - Jan 31

FEBRUARY
- Strategies for Success in Online Classes - Feb 7
- Tips for Effective Writing - Feb 14
- Surviving and Thriving in Math - Feb 21
- Time Management: How to Avoid Procrastination and Manage Time Wisely - Feb 28

MARCH
- Tackle Your Test Anxiety: Presented in partnership with CAPS - Mar 14
- Test Prep and Test Taking Strategies - Mar 21
- Learning How You Learn - Mar 28

APRIL
- Note Taking and Strategies for Reading - Apr 4
- Overcoming Stage Fright: Tips for Public Speaking and Presenting - Apr 11
- Tackle Your Test Anxiety: Presented in partnership with CAPS - Apr 18
- Preparing for Final Exams - Apr 25

MAY
- Preparing for Final Exams - May 2