READING STRATEGIES SELF-ASSESSMENT

Think about your reading strategies and answer yes or no to the following questions:

1. Do you highlight a textbook as you read? Yes No
2. Do you annotate or take notes in a textbook as you read? Yes No
3. Do you follow the same reading system when reading for different subjects? (i.e. read one section at a time and make a general outline) Yes No
4. Do you preview a chapter before you begin to read it? Yes No
5. Do you divide up your material to read in multiple sittings? Yes No
6. Do you quiz yourself on the text before exams? Yes No
7. Do you generally pause at the end of each paragraph or page to think about what you have read? Yes No
8. Do your strategies while reading change when you read different types of text? (i.e. English story vs. Chemistry book) Yes No
9. After reading a chapter, do you practice recalling what you read? Yes No
10. Do you “talk to” (interact with) the text as you are reading your assignment? Yes No

SCORE IT:

Using a pen or pencil, start from the left side of the grid below and shade in 2 boxes for each “Yes” and 0 boxes for each “No”.

Score: ______________

<table>
<thead>
<tr>
<th>10</th>
<th>14</th>
<th>20</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increase Preparation Strategies</td>
<td>Explore THINK TANK Handouts</td>
<td>Review and integrate Study Strategies</td>
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</tbody>
</table>

See next page ➔
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14 points or more: It sounds like you are on your way to a successful semester! Review areas in which you answered “no” and try to integrate these into your study strategies.

Between 10-14 points: Explore our THINK TANK handouts! Checkout the SQRRR and Tips for Difficult Readings handouts provided on our website about reading strategies.

Below 10 points: You might benefit from increasing your preparation strategies by dropping in to meet with an Academic Skills Tutor (AST) or making an appointment with a Learning Specialist to discuss this topic.

For instructions on how to sign up to meet with an AST or Learning Specialist, please send THINK TANK an email at sls-thinktank@email.arizona.edu or call the front desk the THINK TANK at 520-626-0530.