

# THE EIGHT DAY STUDY PLAN

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**DAY ONE:** Find any old tests available; divide the material you are responsible for into 4 equal sections. Allow time to plan this to the best of your ability. How I will break up the material?

**A:**  
**B:**  
**C:**  
**D:**

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**DAY TWO:** Thoroughly review all material in Part A (write study sheets, identify main points, draw visual aids, and quiz yourself). If you have any problems with the material, see your instructor. What will I study? How will I study it? Why this method?

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**DAY THREE:** Thoroughly review all material in Part B (write study sheets, identify main points, draw visual aids, and quiz yourself). If you have any problems with the material, see your instructor. What will I study? How will I study it? Why this method?

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**DAY FOUR:** Thoroughly review all material in Part C (write study sheets, identify main points, draw visual aids, and quiz yourself). If you have any problems with the material, see your instructor. What will I study? How will I study it? Why this method?

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**DAY FIVE:** Thoroughly review all material in Part D (write study sheets, identify main points, draw visual aids, and quiz yourself). If you have any problems with the material, see your instructor. What will I study? How will I study it? Why this method?

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**DAY SIX:** Review Parts A and B fully

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**DAY SEVEN:** Review Parts C and D fully

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**DAY EIGHT:** Review Parts A, B, C, D fully. Pay special attention to problem areas

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**TEST DAY:** Use your very best test-taking strategies during the exam  
What test taking strategies will I use?

Source: Adapted from Keys to Success: Building analytical, creative, and practical skills. Carter, Bishop, Kravits, & Maurin. (2013)

Want to learn more about exam preparation or test-taking strategies? Meet with an Academic Skills Tutor for free! Visit [thinktank.arizona.edu/academic-skills](http://thinktank.arizona.edu/academic-skills) for more info.