

# READING STRATEGIES SELF-ASSESSMENT

Think about your reading strategies and answer **yes** or **no** to the following questions:

1. Do you highlight a textbook as you read?	Yes	No
2. Do you annotate or take notes in a textbook as you read?	Yes	No
3. Do you follow the same reading system when reading for different subjects? (i.e. read one section at a time and make a general outline)	Yes	No
4. Do you preview a chapter before you begin to read it?	Yes	No
5. Do you divide up your material to read in multiple sittings?	Yes	No
6. Do you tend to re-read assigned texts before the exam?	Yes	No
7. Do you generally pause at the end of each paragraph or page to think about what you have read?	Yes	No
8. Does your strategies while reading change when you read different types of text? (i.e. English story vs. Chemistry book)	Yes	No
9. Do you often come to the end of a chapter and are able to recall what you have read?	Yes	No
10. Do you “talk to” (interact with) the text as you are reading your assignment?	Yes	No

**SCORE IT:** 1 point for each “yes” and 0 points for each “no”

Score: \_\_\_\_\_

<b>7 points or more:</b> It sounds like you are on your way to a successful semester! Review the areas in which you answered “no” and try to integrate these into your study strategies.	<b>Between 5-7 points:</b> Check out the SQRRR and Tips for Difficult Readings handouts provided on our website about reading strategies.	<b>Below 4 points:</b> You might benefit from dropping in with an Academic Skills Tutor (AST) or making an appointment with a Learning Specialist to discuss developing reading strategies.
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For instructions on how to sign up to meet with an AST or Learning Specialist, please send THINK TANK an email at [thinktank@email.arizona.edu](mailto:thinktank@email.arizona.edu) or call the front desk at 520-626-0530.