## THE EIGHT DAY STUDY PLAN

DAY ONE: Find any old tests available; divide the material you are responsible for into 4 equal sections. Allow time to plan this to the best of your ability. How I will break up the material?

## A:

B:
C:
D:

DAY TWO: Thoroughly review all material in Part A (write study sheets, identify main points, draw visual aids, and quiz yourself). If you have any problems with the material, see your instructor.
What will I study? How will I study it? Why this method?

DAY THREE: Thoroughly review all material in Part B (write study sheets, identify main points, draw visual aids, and quiz yourself). If you have any problems with the material, see your instructor. What will I study? How will I study it? Why this method?

DAY FOUR: Thoroughly review all material in Part C (write study sheets, identify main points, draw visual aids, and quiz yourself). If you have any problems with the material, see your instructor. What will I study? How will I study it? Why this method?

DAY FIVE: Thoroughly review all material in Part D (write study sheets, identify main points, draw visual aids, and quiz yourself). If you have any problems with the material, see your instructor. What will I study? How will I study it? Why this method?

DAY SIX: Review Parts A and B fully

DAY SEVEN: Review Parts C and D fully

DAY EIGHT: Review Parts A, B, C, D fully. Pay special attention to problem areas

TEST DAY: Use your very best test-taking strategies during the exam What test taking strategies will I use?

Source: Adapted from Keys to Success: Building analytical, creative, and practical skills. Carter, Bishop, Kravits, \& Maurin. (2013)
Want to learn more about exam preparation or test-taking strategies? Meet with a Peer Academic Coach for free! Visit thinktank.arizona.edu/academic-skills for more info.

