WORKSHOP WEDNESDAYS

ACADEMIC SKILLS WORKSHOPS—Fall 2015
5:00-6:00 p.m. Bear Down Gym

Aug 25th – College Survival 101
Sept 2nd – College Survival 101
Sept 9th – Time Management: How to Avoid Procrastination and Manage Time Wisely
Sept 16th – Strategies for Success in Online Classes
Sept 23rd – Note Taking & Strategies for Reading
Sept 30th – Surviving and Thriving in Math
Oct 7th – Test Prep and Test Taking Strategies
Oct 14th – Tackle Your Test Anxiety: Presented in partnership with CAPS
Oct 21st – Learning How You Learn: Multiple Intelligences and Your Learning Style
Oct 28th – Time Management: How to Avoid Procrastination and Manage Time Wisely
Nov 4th – Note Taking and Strategies for Reading
Nov 12th – Overcoming Stage Fright: Tips for Public Speaking and Presenting
(Please note this is a Thursday since Veteran’s Day is Wednesday and THINK TANK is closed)
Nov 18th – Preparing for Final Exams
Dec 2nd – Tackle Your Test Anxiety: Presented in partnership with CAPS
Dec 9th – Preparing for Final Exams