

READING STRATEGIES SELF-ASSESSMENT

Think about your reading strategies and answer **yes** or **no** to the following questions:

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|---|-----|----|
| 1. Do you highlight a textbook as you read? | Yes | No |
| 2. Do you annotate or take notes in a textbook as you read? | Yes | No |
| 3. Do you follow the same reading system when reading for different subjects?
(i.e. read one section at a time and make a general outline) | Yes | No |
| 4. Do you preview a chapter before you begin to read it? | Yes | No |
| 5. Do you read all assigned readings in one sitting? | Yes | No |
| 6. Do you tend to re-read assigned texts before the exam? | Yes | No |
| 7. Do you generally pause at the end of each paragraph or page to think about what you have read? | Yes | No |
| 8. Do you use different strategies to read different types of texts?
(i.e. English story vs. Chemistry book) | Yes | No |
| 9. Do you often come to the end of a chapter and are unable to recall what you have read? | Yes | No |
| 10. Do you “talk to” (interact with) the text as you are reading your assignment? | Yes | No |

SCORE IT:

1 point for each “yes” and 0 points for each “no”

Score: _____

7 points or more: It sounds like you are on your way to a successful semester! Review areas in which you answered “no” and try to integrate these into your study strategies.

Between 5-7 points: Check out the handouts provided on our website about reading strategies.

Below 4 points: You might benefit from dropping in with an Academic Skills Tutor or making an appointment with a Learning Specialist to discuss this topic.

