

AST

ACADEMIC SKILLS TUTORING

THINK TANK @ DRC



ACADEMIC SKILLS WORKSHOPS & DROP-IN TUTORING | SPRING 2018

Wednesdays 1:00-2:30 p.m. @ Highland Commons, Room D217

JANUARY

- ▶ College Success Strategies - Jan 24
- ▶ College Success Strategies - Jan 31

FEBRUARY

- ▶ Note Taking and Strategies for Reading - Feb 7
- ▶ Time Management - Feb 14
- ▶ Test Prep and Test Taking Strategies - Feb 21
- ▶ Learning How You Learn - Feb 28

MARCH

- ▶ Goal Setting - Mar 14
- ▶ Overcoming Stage Fright - Mar 21
- ▶ Note Taking and Strategies for Reading - Mar 28

APRIL

- ▶ Test Prep and Test Taking Strategies - Apr 4
- ▶ Time Management - Apr 11
- ▶ Preparing for Final Exams - Apr 18
- ▶ Test Anxiety and Learning to Manage Stress - Apr 25



MEET THE TUTOR: MONICA BAUTISTA

I'm a junior majoring in Public Health and minoring in both Spanish and Pre-Health. During my free time I love to watch movies and TV shows on Netflix. I also enjoy cooking and baking. I'm an Academic Skills Tutor at THINK TANK. My role here is to help students academically, whether that means dealing with test anxiety, time management, or other topics. THINK TANK was a huge part of my freshman year and I'm so happy to work here so I can help other students!

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DISABILITY
RESOURCES