

READING TO LEARN & REMEMBER—SQRRR

Survey-Question-Read-Recite-Review. These steps promote an active reading strategy and attitude toward learning. When you clear your mind for the task of studying, you are alert and centered. You make yourself ready to learn and remember.

SURVEY: After glancing through the titles, subtitles, tables, illustrations and summary ask yourself:

- What is this chapter about:

- What is the purpose for reading this chapter:

- What do I already know about this topic:

QUESTION: Before reading the chapter develop at least 5 questions that you want to answer from the material. (Try to narrow your questions by using the subheadings)

1. _____
2. _____
3. _____
4. _____
5. _____

READ: Read a small section at a time: 1) make note of key items in the margins, and 2) develop a short outline of the chapter in your own words.

- | | |
|-------------------|-----------------------------|
| ▪ Definitions | ▪ Examples |
| ▪ Lists | ▪ Causes/ Effects |
| ▪ Characteristics | ▪ Similarities/ Differences |
| ▪ Name/ Dates | ▪ Formulas |

RECITE: While looking away from the book answer the questions you developed:

1. _____
2. _____
3. _____
4. _____
5. _____

What else do you remember?

REVIEW: When you have completed the entire chapter or assigned section, re-read your outline, look away and recite main ideas that were included in your questions and annotations. Continue this process until you feel that you understand and know the material.